

Trainingsplan Saison 2021

Stand: 04.06.2021

| Nebenplatz 1 | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------------------|--|-------------------|--|-------------------|--|-------------------|--|-------------------|--|-------------------|--|-------------------|--|-------------------|--|-------------------|--|-------------------|--|--|
| Uhrzeit | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | | |
| | 1. Hälfte Eingang | | 2. Hälfte Eingang | | 1. Hälfte Eingang | | 2. Hälfte Eingang | | 1. Hälfte Eingang | | 2. Hälfte Eingang | | 1. Hälfte Eingang | | 2. Hälfte Eingang | | 1. Hälfte Eingang | | 2. Hälfte Eingang | | |
| 16:00 – 16:30 | | | | | | | | | | | | | | | | | | | | | |
| 16:30 – 17:00 | | | | | | | | | | | | | | | | | | | | | |
| 17:00 – 17:30 | | | | | | | | | | | | | | | | | | | | | |
| 17:30 – 18:00 | | | | | | | | | | | | | | | | | | | | | |
| 18:00 – 18:30 | | | | | | | | | | | | | | | | | | | | | |
| 18:30 – 19:00 | | | | | | | | | | | | | | | | | | | | | |
| 19:00 – 19:30 | | | | | | | | | | | | | | | | | | | | | |
| 19:30 – 20:00 | | | | | | | | | | | | | | | | | | | | | |
| 20:00 – 20:30 | | | | | | | | | | | | | | | | | | | | | |
| 20:30 – 21:00 | | | | | | | | | | | | | | | | | | | | | |

| Nebenplatz 2 mit Flutlicht | | | | | | | | | | | | Jungs | | | | | | | | | | |
|----------------------------|----------------|-------|----------------|------|----------------|--------|----------------|------|----------------|-----|----------------|-------|----------------|--|----------------|--|----------------|------|----------------|------|------|------|
| Uhrzeit | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | | | |
| | vordere Hälfte | | hintere Hälfte | | vordere Hälfte | | hintere Hälfte | | vordere Hälfte | | hintere Hälfte | | vordere Hälfte | | hintere Hälfte | | vordere Hälfte | | hintere Hälfte | | | |
| 15:00 – 15:30 | | | | | | | | | | | | | | | | | | | | | U13m | |
| 16:00 – 16:30 | | | | | | | | | | | | | | | | | | | | | U13m | |
| 16:30 – 17:00 | | | | U8m | | | | | | | U7m | | | | | | | | | | U11m | |
| 17:00 – 17:30 | | | | U8m | | | | | | | U7m | | | | | | | | | | U11P | |
| 17:30 – 18:00 | U9m | U10m2 | | U8m | | | | | | | U7m | | | | | | | | Uwe | U8w | U10m | |
| 18:00 – 18:30 | U9m | U10m2 | U15w | U15w | U11m | U11/9w | U13m | U13m | U9m | U8m | U10m | U10m2 | U11m | | | | | U12w | U11/9w | U10m | U10m | |
| 18:30 – 19:00 | U9m | U10m2 | U15w | U15w | U11m | U11/9w | U13m | U13m | U9m | U8m | U10m | U10m2 | U11m | | | | | U12w | U11/9w | U13w | U13w | |
| 19:00 – 19:30 | | | U15w | U15w | | | U13m | U13m | | | | | | | | | | | | | U13w | U13w |
| 19:30 – 20:00 | | | | | | | | | | | | | | | | | | | | | | U9m |
| 20:00 – 20:30 | | | | | | | | | | | | | | | | | | | | | | U8m |
| 20:30 – 21:00 | | | | | | | | | | | | | | | | | | | | | | U7m |

2008 Tom
 2009 Uwe
 2010 Jan
 2010 MuKick
 2011 Miro
 2011 Karsten
 2011 MuKick
 2012 Marc
 2013 Uwe
 2014/15 Uwe

| Kunstrasen | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------------------|--|-----------|------|-------------------|--|-------------------|-----------|-------------------|--|-------------------|--|-------------------|--|-----------|--|-------------------|--|-------------------|--|--------|
| Uhrzeit | Montag | | | | Dienstag | | | | Mittwoch | | | | Donnerstag | | | | Freitag | | | | |
| | 1. Hälfte Eingang | | 2. Hälfte | | 1. Hälfte Eingang | | 2. Hälfte Eingang | | 1. Hälfte Eingang | | 2. Hälfte Eingang | | 1. Hälfte Eingang | | 2. Hälfte | | 1. Hälfte Eingang | | 2. Hälfte Eingang | | |
| 15:30 – 16:00 | | | | | | | | | | | | | | | | | | | | | Mädels |
| 16:00 – 16:30 | | | | | | | | | | | | | | | | | | | | | U15w |
| 16:30 – 17:00 | | | | | | | U8w | | | | | | | | | | | | | | |
| 17:00 – 17:30 | | | | | | | U8w | U10P/11 P | | | | | | | | | | | | | U13w |
| 17:30 – 18:00 | | | | U10m | | | | U10P/11 P | | | | | | | | | | | | | U11P |
| 18:00 – 18:30 | | | | U13w | U10m | | | U12w | U10P/11 P | | | | | | | | | | | | U12w |
| 18:30 – 19:00 | | | | U13w | U10m | | | U12w | U10P/11 P | | | | | | | | | | | | U11P |
| 19:00 – 19:30 | | | | U13w | U13w | | | U12w | U12w | | | | | | | | | | | | U11P |
| 19:30 – 20:00 | | | | | | | | | | | | | | | | | | | | | U9w |
| 20:00 – 20:30 | | | | | | | | | | | | | | | | | | | | | U8w |
| 20:30 – 21:00 | | | | | | | | | | | | | | | | | | | | | |
| 21:00 – 21:30 | | | | | | | | | | | | | | | | | | | | | |
| 21:30 – 22:00 | | | | | | | | | | | | | | | | | | | | | |

2006 Frank
 2008 Blazenko
 2009 Uwe
 2010/11 Flo/Robin
 2012 Björn
 2013/14 Uwe